

The background is a solid teal color. In the upper left quadrant, there is a faint, stylized pattern of leaves and branches in a slightly darker shade of teal. The leaves are elongated and pointed, arranged in a way that suggests a tree's canopy. The branches are curved and flow from the left side towards the center.

**Live in the Shade
of Excellence.**

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The 81 Oaks Difference.

What do most people think of when they see gray hair? They see frailty and disability with low speeds, and high needs. What do we see at 81 Oaks Senior Living? We see wisdom. We see laughter. We see ability. We see growth. We see potential. We have built a company and a team of people who align on these beliefs.

At 81 Oaks, our team comes to work each day in the pursuit of meaningful relationships with our older adults. We are rooted in the belief that fostering a culture of love and support among our team is the cornerstone of our care philosophy. Simply put, our leaders believe that if we love our team well, they will, in turn, love our residents well.

We are dedicated to ensuring there is purpose in every breath of each resident we're honored to serve. We understand that older adults and their loved ones depend on us not only to live, but to live well. It's a challenge we welcome – every day.



Spectrum of Senior Living

DRIVEN BY YOUR NEEDS AND LIFESTYLE:



ACTIVE ADULT LIVING

An age-restricted community designed for residents of a certain age, usually 50 or older.



INDEPENDENT LIVING

Think of a cruise ship on land. Perfect for those who physically and mentally are doing great.



ASSISTED LIVING

Ideal for older adults who need more care but still want to maintain their independence.



MEMORY CARE

A type of assisted living for older adults with some form of diagnosed memory loss.



SKILLED NURSING

Short or long-term care for older adults requiring rehabilitation, or who suffer from serious health issues requiring complex medical services.



HOSPICE

A type of care that focuses on the physical, spiritual and mental needs as well as pain issues of the chronically ill.

OFFERED BY 81 OAKS
SENIOR LIVING

MAY NEED SOME HELP

DEFINITELY NEED SOME HELP

One Size Doesn't Fit All.

Navigating the senior living world can be tough. There are no classes to teach you, no roadmaps to follow. Fortunately, you have us. Our goal is to make you smarter about the options you have available, based upon you or your loved one's needs.

What Questions Should I Be Asking?

There are no irrelevant questions. This is the life of your loved one that we're talking about. It's important that you leave no stone unturned, no question unasked. Here are a few suggestions to use to compare different senior living communities.

- What is your staff-to-resident ratio?
- Can you explain your hiring process?
- Do you eat meals here? Is the food nutritious? May I stay for lunch?
- How do you personalize the way you interact with each resident?
- What kind of scheduled activities does your community offer? When there aren't scheduled activities, how do you engage your residents throughout the day?
- Are there smiles and laughter throughout your community?
- Can you explain your different levels of care? What is the average level of care for your residents?
- What steps do you take in creating a resident's care plan that is based on their needs?
- How does your team adjust to residents' changing needs?
- What other costs are there that we have not discussed?



Tips to Make the Move Easier.

Moving can be overwhelming, even if the move leads to a better destination. Consider these tips a travel guide for making the transition easier.

1. Your attitude is crucial. Your loved one will feed off of your emotions. Remember, they are smart. Don't just put on a happy face. Choose joy in knowing they are moving to 81 Oaks.
2. Downsize—we recommend two weeks of clothing, two changes of linens, one cozy blanket for watching a movie, and don't forget a new round of toiletries.
3. Use our Family Resource Guide and recommendations. They contain a lot of useful information...from finding the right mover to a moving checklist.
4. Make sure the suite is move-in ready with familiar items.

5. Finish the move with a meal. Having lunch at the community on move-in day is a great way to wrap-up the first day.
6. Know what—and what not—to say to your loved one when communicating the move. Ask our community team members for help in this area.
7. Get to know the community and the people who live here! Attend welcome events to help you get acquainted with both.
8. Paperwork is tedious, boring and just no fun. With that said, it is crucial for initial success. Be thorough to ensure a smooth ride.



Get the Most from 81 Oaks Living.

Money isn't the key to happiness, but a smart budget definitely helps. Here are a few ideas that can help your loved one really Thrive.

- Compare apples to apples when considering all-inclusive pricing vs. base rate plus levels of care.
- Get the most for every dollar spent. Calculate the annual costs of the new residence to learn what level of affordable care is best for your loved one.
- Will your loved one's home need to be sold? If so, choose a real estate agent who specializes in Senior Real Estate. They know the ins and outs of this market and can help you manage the process.
- Selling your loved one's assets? Use a company that specializes in this service.
- Veterans benefits can help allay many of the costs. Check if your loved one qualifies.
- Take advantage of IRS tax deductions related to senior care for both the loved one and the family caregiver.

We Don't Focus on Giving Great Care.

The focus is too low of a bar to shoot for. We focus on building meaningful relationships with our residents. We have found great care to be a by-product of great relationships.

At 81 Oaks we took a hard look at traditional senior living, and decided there's a better way to live. Much better. You see, when most people think of senior living, they conjure images of rocking chairs. 81 Oaks is less about rocking chairs, and more about rocking. Senior living doesn't have to be sedentary. It should be full of activities and interactions that enrich, stimulate, and inspire older adults, with team members cheering them on every step of the way. That's 81 Oaks Senior Living.



A Full Day. A Full Life.

It's about seizing the day. Every day. It's about finding a passion that percolates you so much that you can't wait to get out of bed each morning to get started. At 81 Oaks, residents engage in events and activities they've always loved, along with new friends they've made who love them as much as they do. At mealtimes, they gather around the table and enjoy cuisine that can only be described in one word: Mmm.



Additional Resources

Where should I start on understanding the aging process?

Visit the National Institute on Aging website:
<https://www.nia.nih.gov>

We want our parents to be viewed with wisdom and grace as they continue to age. How can we do this?

Read: *What Are Old People For? How Elders Will Save The World*
by William H. Thomas, M.D.

I want to understand the impact of medicine on my loved one.

Read: *Being Mortal: Medicine and What Matters in the End*
by Atul Gawande

My mom has dementia. How can I become more informed about the disease and help her and our family cope with it?

Read: *The Dementia Concept* by Joshua J. Freitas

My loved one has been diagnosed with Alzheimer's disease. What would be a helpful resource in understanding how to deal with this?

Visit The Alzheimer's Association website: <https://alz.org>
The website provides excellent educational insight.

How can I ease the distress and anxiety my loved one experiences as a result of his/her condition?

Read: *Creating Moments of Joy Along the Alzheimer's Journey*
by Jolene Brackey

My young children don't understand the changes happening to their grandparent. Is there a book(s) that would give me guidance on explaining it to them?

Read: *Striped Shirts and Flowered Pants* by Barbara Schnurbush

Read: *Still My Grandma* by Véronique Van den Abeele

Read: *What's Happening to Grandpa?* by Maria Shriver



Glossary of Terms

Active Adult Living

An age-restricted community designed for residents of a certain age (usually somewhere between 50 and 55) or older.

Assisted Living

For older adults who need more care than independent living can provide – but not round-the-clock medical services of a skilled nursing facility – there’s assisted living, a long-term option that provides assistance with the resident’s daily activities.

Companion Living

An arrangement that allows two individuals to share an apartment or suite. Generally offered in assisted living or memory care communities.

Continuing Care Retirement Community

A community that accommodates the full spectrum of aging care needs, including independent living, assisted living and skilled nursing care.

Hospice

A type of care that focuses on the physical, spiritual and mental needs as well as pain issues of the chronically ill.

Independent Living

Housing accommodations with easier navigation and minimal household maintenance. Imagine a quaint village, several dozen friends and lots of margaritas with amenities that rival a luxury hotel.

Memory Care

A specialized type of care designed specifically for older adults living with Alzheimer’s disease, dementia or other forms of memory loss.

Short-Term Stay

For older adults who experience an accident or other unfortunate circumstances, and require temporary care to recover. A Short-Term Stay can be thought of as ‘a break’ from their current care situation.

Skilled Nursing

Short or long-term care for older adults requiring rehabilitation following surgery or illness, or who suffer from serious health issues requiring complex medical services provided by a licensed professional.

Validation Method

A technique for communications with those experiencing memory loss by meeting them in their own reality.

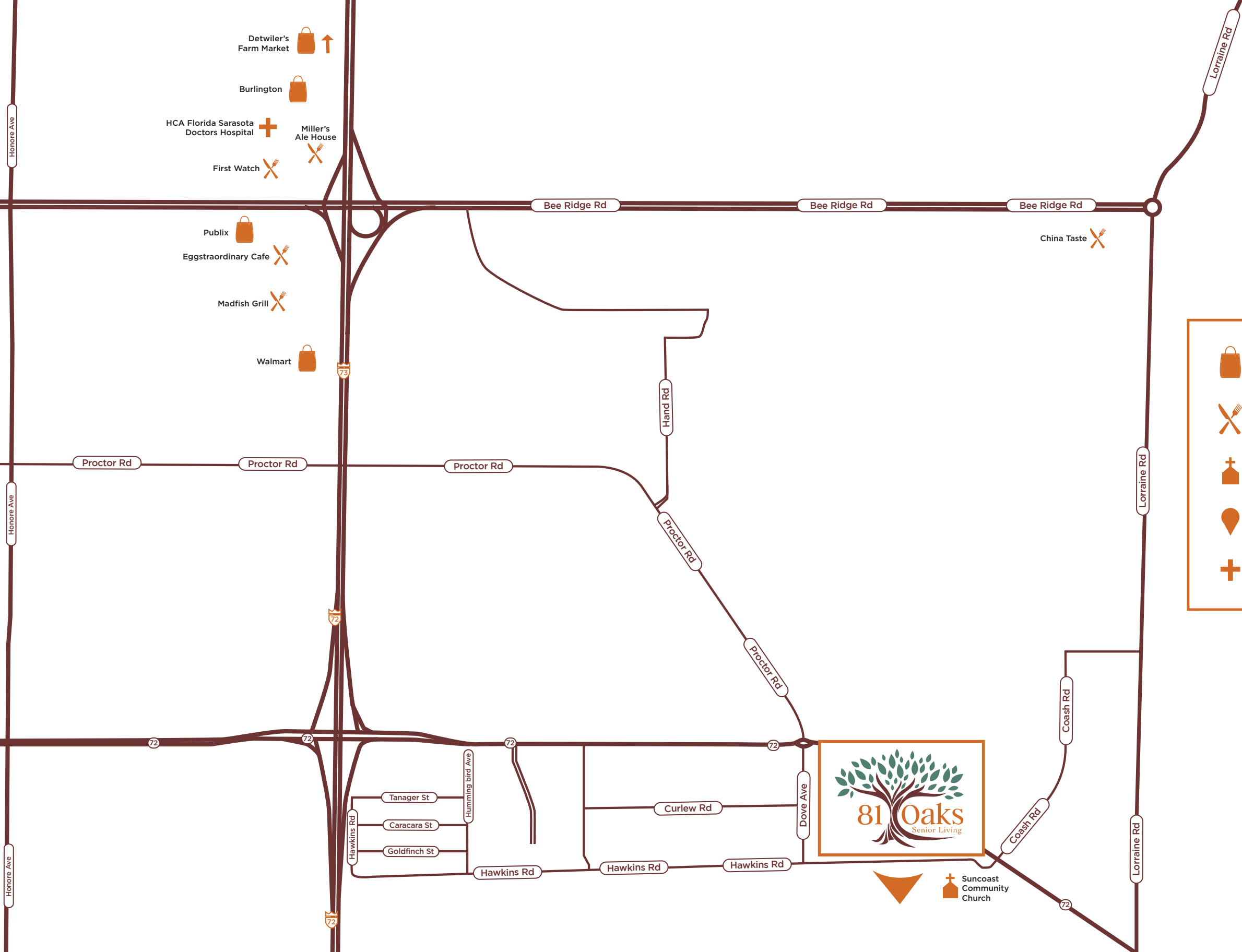
← Sarasota Opera House




← Sarasota Art Museum

← Florida Studio Theatre

← Ringling Museum of Art

← Marie Selby Botanical Gardens



-  Retail
-  Restaurants
-  Places of Worship
-  Local Attractions
-  Hospitals



 Suncoast Community Church

Community Floorplan

LEVEL 1



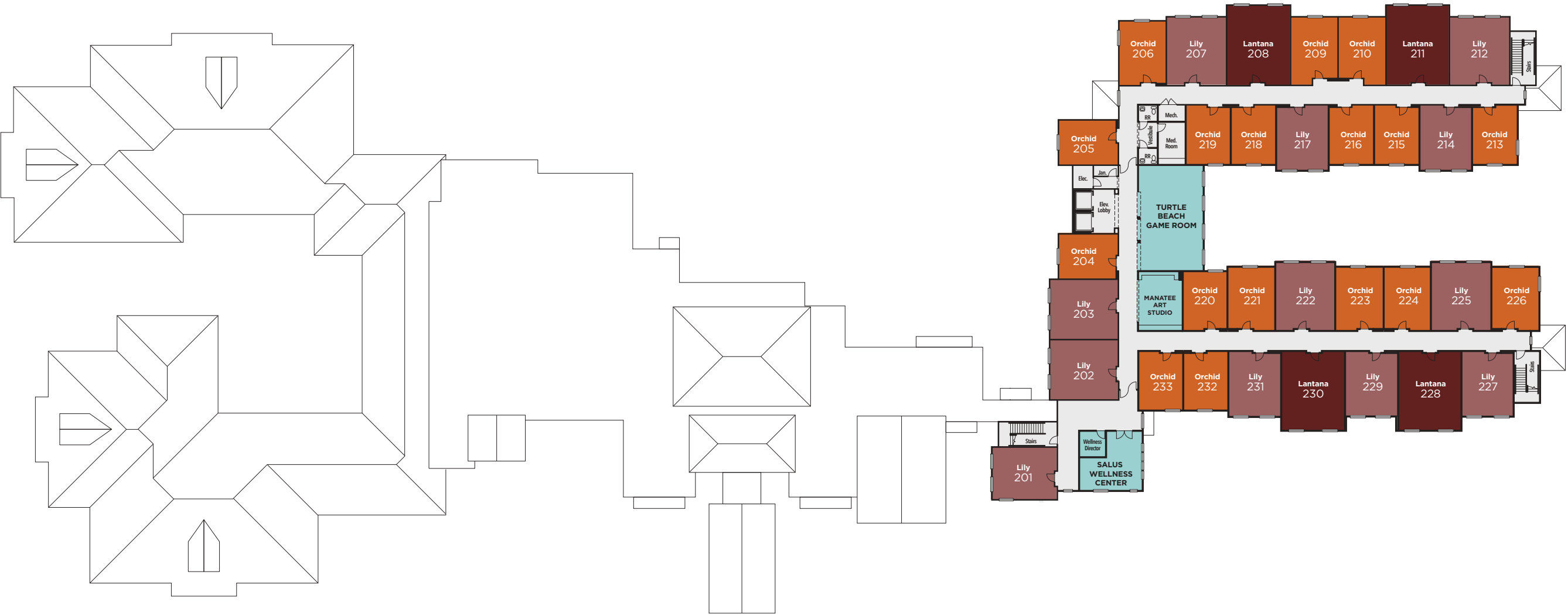
Level One

ASSISTED LIVING

-  **Lantana**
TWO BEDROOM, 750 SF
-  **Lily**
ONE BEDROOM, 500-600 SF
-  **Orchid**
STUDIO, 350-400 SF
-  **Amenities**
- THE GROVE
MEMORY CARE**
-  **Spoonbill**
STUDIO, 350-375 SF

Community Floorplan

LEVEL 2



Level Two

ASSISTED LIVING

-  **Lantana**
TWO BEDROOM, 750 SF
-  **Lily**
ONE BEDROOM, 500-600 SF
-  **Orchid**
STUDIO, 350-400 SF
-  **Amenities**

Individual Floorplans



Orchid: Studio | Approx. 350 - 400 Square Feet



Lily: One Bedroom, One Bathroom | Approx. 500 - 600 Square Feet

Individual Floorplans

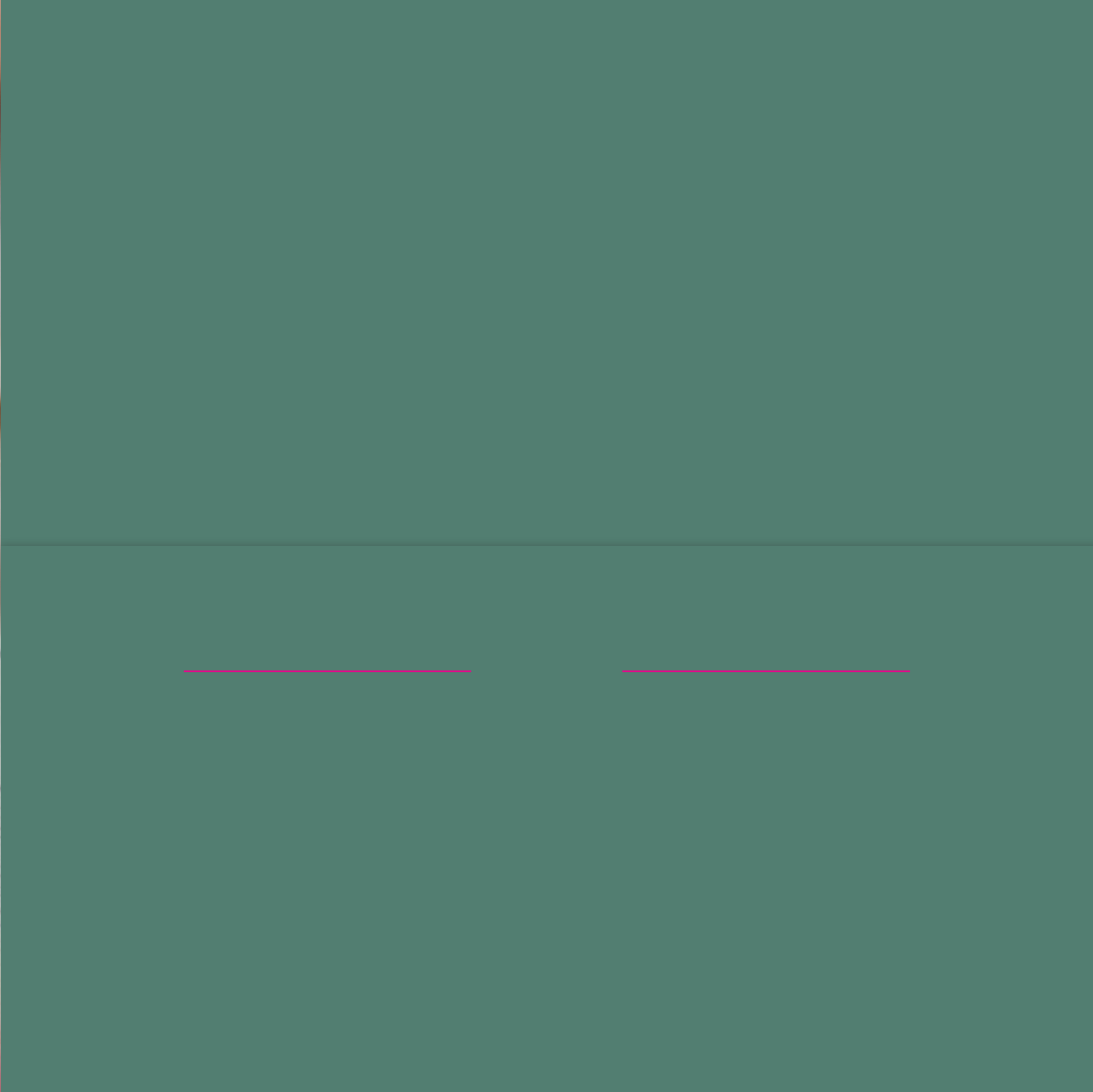


Lantana: Two Bedrooms, One Bathroom | Approx. 750 Square Feet



Spoonbill: The Grove Memory Care Studio | Approx. 350 - 375 Square Feet

Notes





81 Oaks Senior Living

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Assisted Living Facility #13817

